

CranioSacral Therapy I Anatomical Terms

Body Orientation

Superior (cephalad)
Inferior (caudad)
Medial
Lateral
Anterior (ventral)
Posterior (dorsal)
Proximal/distal

Body Landmarks

Pubic Bone
Clavicles
Sternum
 - Sternal notch
Iliac
 - ASIS (anterior superior iliac spine)
 - Sacro-iliac joint

Vertebral Landmarks

Spinous processes
Transverse processes
Atlas (C1)
 - Facets
 - Posterior arch
Axis (C2)
C7/T1 (Thoraco cervical junction)
T12/L1 (Thoraco lumbar junction)
L5/S1 (Lumbo sacral junction)
Cervical
Thoracic
Lumbar

Craniosacral System Anatomy

Fascia
Arachnoid villae
Arachnoid granulation bodies
Spinal cord
Spinal nerves
Cauda equina
Choroid plexuses
Cerebrospinal fluid
Spinal canal
Cranial nerves
Meninges
 - Dura mater
 - Pia mater
 - Falx cerebri
 - Tentorium cerebelli
 - Arachnoid membrane
 - Sub-arachnoid space
 - Falx cerebelli

Autonomic nervous system

Sympathetic
Parasympathetic

Cranium

Frontal bone

Sphenoid bone

- Greater wings
- Sphenoid body
- Clinoid processes

Parietal bone

Temporal bone

- Mastoid process
- Zygomatic process
- Petrous portion

Ethmoid

Orbit - Jugular foramina

Mandible

- Ramus
- Angle

TMJ

Occiput

- Condyles
- Basilar portion
- Squamous portion

EAM (external auditory meatus)

Sutures

Sagittal suture

Temporo-parietal suture

Coronal suture

Lamboidal suture

Occipital Mastoid (OM) suture

Muscles

Temporalis muscle

Masseter muscle

Lateral pterygoid muscle